

## Adult Chamber Players Weekend Schedule

### Friday, July 10, 2026

8:30 AM – 9:00 AM	Meet and Greet Breakfast
9:00 AM – 10:00 AM	Coaching or Practice Session
10:10 AM – 11:30 AM	“From Performance Anxiety to Authentic Expression” with Dr. Ezgi Yargici
11:40 AM – 12:40 PM	Coaching or Practice Session
12:40 PM – 1:25 PM	Lunch
1:25 PM – 2:25 PM	Coaching or Practice Session
2:35 PM – 3:35 PM	Coaching or Practice Session
3:45 PM – 5:00 PM	Fairmount String Quartet Concert – Recital Hall

### Saturday, July 11, 2026

8:45 AM - 9:00 AM	Coffee and Announcements
9:00 AM – 10:00 AM	Coaching or Practice Session
10:10 AM – 11:30 AM	Drum Circle
11:40 AM – 12:40 PM	Coaching or Practice Session
12:40 PM – 1:25 PM	Lunch
1:25 PM – 2:25 PM	Coaching or Practice Session
2:35 PM – 3:55 PM	Movement Workshop
4:05 PM – 5:05 PM	Coaching or Practice Session

### Sunday, July 12, 2026

8:45 AM - 9:00 AM	Coffee and Announcements
9:00 AM – 10:00 AM	Coaching or Practice Session
10:10 AM – 11:10 AM	Coaching or Practice Session
11:20 AM – 12:35 PM	Sound Bath Meditation with Bridget Yanni Recital Hall – bring a mat or towel, or a chair will be provided.
12:35 PM – 1:20 PM	Lunch
1:20 PM – 2:20 PM	Coaching or Practice Session
2:30 PM – 3:30 PM	Coaching or Practice Session
4:00 PM – 5:30 PM	Participant Concert – Recital Hall